

TRAUMA SERIES

#3

Тема: *Complex PTSD. Managing the patient in psychotherapy sessions*

Лектор: Julian Ford

Дати: 27.04.2022 16:00 – 20:00 ч. бългaрско време

28.04.2022 16:00 – 20:00 ч. бългaрско време

Продължителност: 8 часа

Оригинален език: английски

Цена: 165 лв. с ДДС

ABSTRACT

Crises frequently occur in the lives of people who have experienced complex trauma. When a crisis happens in a therapy session, the therapist faces both a challenge and an opportunity that can alter the course of the therapy and the client's life. In this class, filmed examples of in-session crises will be viewed in order to illustrate key principles and tactics for preserving safety and restoring co-regulation and client self-regulation. Therapist countertransference, vicarious trauma, and self-regulation also will be considered as a key focus. A trans-theoretical approach integrating crisis management, therapeutic alliance building and trauma memory processing will be presented. The crises and therapist responses will include:

- Dissociation by a mother, son and daughter
- Dissociative identity disorder by a young man
- Dissociative self-harm by a young woman
- Rage directed by a father toward his son
- A young mother overwhelmed by hopelessness

Attendee cases also will be discussed to demonstrate the application of a complex trauma framework through crisis resolution principles and tactics in the session.

BIO

Julian D. Ford, Ph.D., A.B.P.P. is a board certified clinical psychologist and Professor of Psychiatry and Law at the University of Connecticut where he directs two Treatment and Services Adaptation Centers in the National Child Traumatic Stress Network: the Center for Trauma Recovery and Juvenile Justice and the Center for the Treatment of

Developmental Trauma Disorders. Dr. Ford is past President of the International Society for Traumatic Stress Studies, and a Fellow of the American Psychological Association. He has published more than 250 articles and book chapters and is the author or editor of 10 books, including *Posttraumatic Stress Disorder, 2nd Edition*, *Treating Complex Trauma: A Sequenced, Relationship-Based Approach, 2nd Edition*, *Treating Complex Traumatic Stress Disorders in Children and Adolescents: Scientific Foundations and Therapeutic Models*, and *Critical Moments: Transforming Crises into Turning Points in Psychotherapy*. Dr. Ford is the Principal Investigator for the national Developmental Trauma Disorder Field trial research study, and developed and has conducted randomized clinical trial and effectiveness studies with the Trauma Affect Regulation: Guide for Education and Therapy (TARGET©) model for youths and adults with developmental trauma histories and complex PTSD.

PHOTO

